

Gambling harm in Victoria

GAMBLING HARM

The negative effects or consequences of gambling are called gambling harm. Minor forms of harm include momentary feelings of regret or guilt. Severe harms can lead to extreme outcomes, like bankruptcy.

COMMON TYPES OF GAMBLING HARM



MONEY WORRIES



RELATIONSHIP DIFFICULTIES



EMOTIONAL EFFECTS



WORK OR STUDY PERFORMANCE

A COMMUNITY ISSUE

A person's gambling behaviour and their experience of harm are influenced by a range of factors, including social, cultural, policy, legislative, economic and environmental issues. Gambling harm can affect the health and wellbeing of the person who gambles, their family members, friends, colleagues and others in the community.

GAMBLING HARM IN VICTORIA

While some groups are at higher risk than others, gambling harm can affect anyone. In 2018–19:

- about 330,000 adults in Victoria (9.6%) experienced at least one form of harm related to their gambling
- about 300,000 (6.1%) Victorians were harmed by someone else's gambling.

BY REGION

Gambling harm is not evenly distributed across Victoria. Northern and South-eastern metro have a higher percentage of people harmed than other parts of the state. People in Western Victoria have a lower-than-average percentage of people experiencing gambling harm.

GAMBLING HARM BY REGION, 2018–19

