



Panel – Cross Sector Workshop

#ManyWays16



Banyule

Lara Jackson

Expect Gambling in the Mix

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Expect Gambling in the Mix

Presented by Lara Jackson

Counselling and Support Services – Banyule Community Health

Many Ways To Help Conference 2016

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A bit of background..

- History of low rates of uptake for gambling counselling despite a variety of engagement strategies
- Positive experiences with Dual Diagnosis (DDx) Capacity Building
- Idea to pilot learnings from DDx work to apply to gambling stream
- Applied for and received a clinical grant from VGRF to undertake a pilot

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What we hoped for..



- Engage clinicians from other parts of the health and welfare system to:
 - be curious about gambling behaviour
 - be educated about the prevalence and forms of gambling
 - expect gambling to be a hidden comorbidity in their client group
 - understand the harm caused to individuals and loved ones &
 - know that a wide variety of support is available and can be tailored to suit individuals and their needs, including affected others.

We did this ultimately to try to build the capacity of the system to identify and respond to problem gambling behaviour

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What drove us?

The frameworks:

- **Minkoff and Cline:**
 - Co-occurring issues are the expectation not the exception
 - All people with co-occurring issues are not the same and require individualised, client-centered responses
 - Co-occurring issues are best treated simultaneously (rather than sequentially or in parallel)
 - Recovery partnerships are welcoming, empathic, hopeful, integrated, strengths based and recovery oriented
- **VRGF cross sector guidelines** –linking the improvement of consumer outcomes to the support of cross sector collaborative & integrated practice, partnership work, supported colocation and joint training opportunities
- **No Wrong Door Approach** – services proactively welcome multiple and complex needs, identify and address health or stated needs no matter where people present and provide assertive follow-up to ensure that the right links were made.

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What we did..



- Development of the pilot tool (adapted & abridged DDCAT toolkit)
- Partnered with 2 family service agencies (Melton & Whittlesea)
- Ran the pre-audit (domains: screening, Ax and Tx)
- Delivered tailored and targeted training
- Tweaked screening and assessment tools
- Monitored referrals and provided secondary consultation
- Ran the post audit

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What we Learnt:



- Pre data captured areas of strength and weakness across the domains
- Post data showed measureable improvements across 3 domains
- Hunger for learning about addiction and the brain, stages of change, how to approach enquiring about gambling
- Value in sharing stories of lived experience
- Information about local gambling related harm stats were welcomed
- There was more opportunity for cross sector work!

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Next steps...



- Continue to take up opportunities to build the capacity of health and welfare services to identify and respond to problem gambling, no matter what their areas of expertise.
- For further info contact Lara Jackson:
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