

# Pulling the Heart Strings of Asian Men in an Auckland Prison through their Heart Languages

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Asian Family Services

Counsellor/Health Promoter

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**PROBLEM GAMBLING FOUNDATION  
OF NEW ZEALAND**

Healthy communities free from gambling harm



# choice NOT CHANCE

*Let's choose to end harmful gambling*



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**Asian Family Services**  
Together enriching lives



**Mapu Māia**  
Providing Help. Enriching Lives.

# choi

**NOT CHAN**

*Many ways to help in ending harmful gambling*



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Together enriching lives



**MapuMara**  
Providing Help. Enriching Lives.

# Asian Family Services

- A subsidiary of Problem Gambling Foundation
- Provide free counselling and social work support for individuals and families who are affected by problem gambling
- Asian Hotline
- 5 Asian Languages (Chinese, Japanese, Korean, Thai and Vietnamese) and English are made available to clients
- Public Health Work through education and community development

# Goals

- To reach out to the Asian men who would otherwise left unheard
- To provide information and intervention for problem gambling through a risk-taking perspective using culturally appropriate approaches.
- To provide holistic support for the Asian men including their physical and mental health issues.

# Breaking the grounds

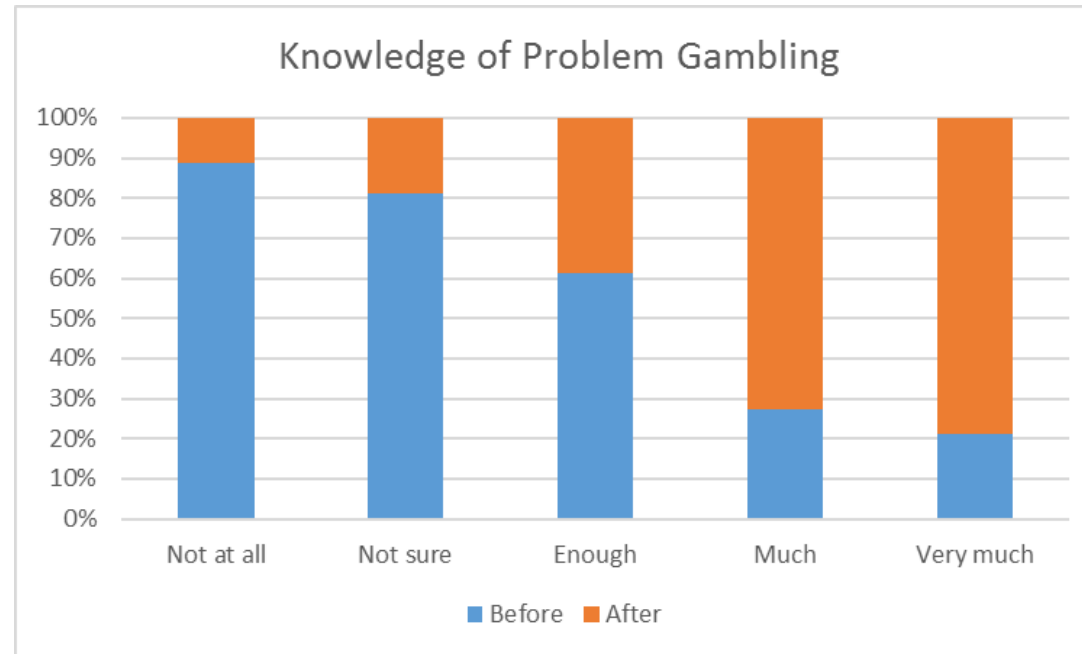
- Firstly, contacted the Community Relations personnel offering culturally appropriate approach programme
- Was then linked with the Psychological and Education Department
- Supported the prison in screening of alcohol and drugs use, physical and mental health issues with the advantage of language abilities

# Outcomes

- 5 groups of Public Health Education, Brief Intervention and Screens were conducted over one month
- 59 men benefited
- 12 different Asian cultures were attended

# Outcomes

58% of the men indicated they had increased knowledge of Problem Gambling



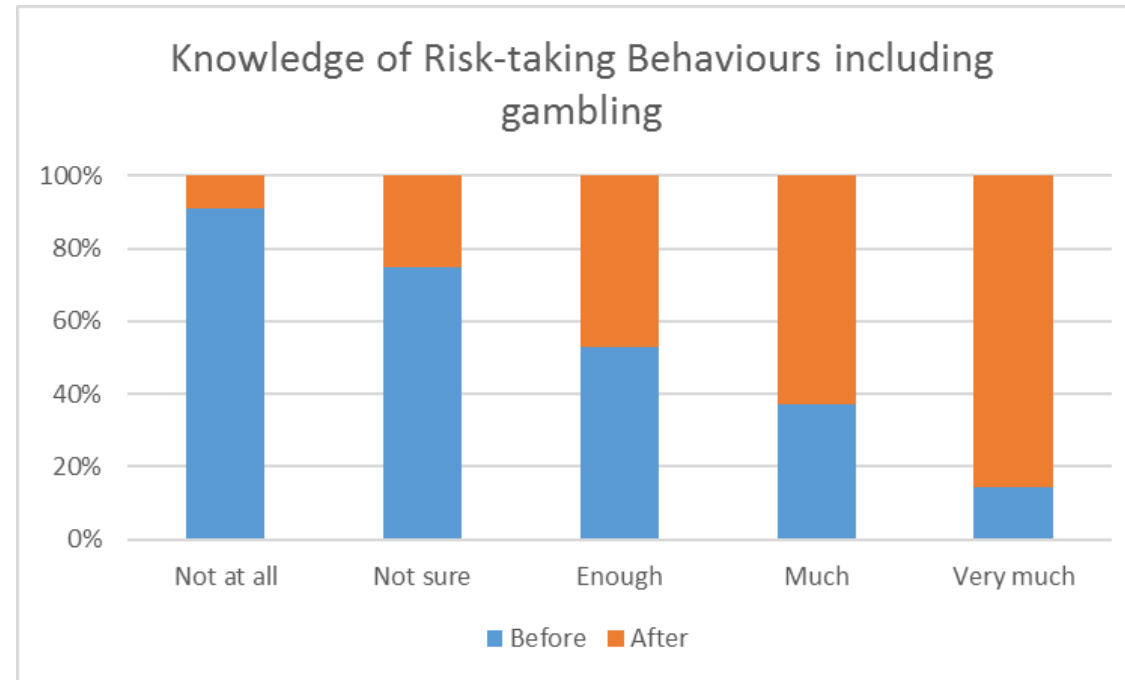
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# Outcomes

66% of the men indicated they had increased knowledge of Risk-taking behaviours including gambling



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# Outcomes

- 21% of the men screened with problem gambling
- 11% screened with moderate risk of problem gambling
- 17% identified being harmed by someone else's problem gambling
- A total of 49% of them were victims of gambling harm
- 10 men and AFS Team attended the very FIRST Asian Prison Programme Graduation in New Zealand in a Whare (Moari Meeting Place). We were welcomed by the team from the prison with a traditional Maori ceremony.

# Thank you



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