



Gambler's Help

Integrating Gambler's Help in a Multidisciplinary Team



2013-2014

Key Performance Indicators



	Target Hours	% Achieved
Therapeutic Counselling	3812	71.9%
Financial Counselling	1835	66.5%
Community Education & Venue Support Program	3756	102%



Integration

Combining one thing
with another to form a whole



AOD and Counselling

- Gambler's Help Therapeutic Counsellors
- Generalist Counsellors
- Women and Children's Counsellors
- Men's Behaviour Change Program
- Case Managers
- Psychologists
- Alcohol and Other Drug Assessors
- Alcohol and Other Drug Counsellors
- Non Residential Withdrawal Nurses
- Care and recovery workers



Connected Communities

- Gambler's Help Financial Counsellors
- Financial Counselling (Supporting People with Problem Gambling)
- Planned Activity Groups
- Your Care Choice
- Dementia Access and Support
- Creative Club
- Mayfair House
- Personal Care
- Settlement Support Program



Youth Services and Primary Prevention

- Gambler's Help Community Education
- Gambler's Help Venue Support Program
- Health Promotion
 - DHHS achievement program (schools and workplaces)
- Headspace
 - HEY project worker
 - Youth Withdrawal
 - Youth Community Engagement
 - Family Support



Partnership Coordinator

“Enhance service integration”



Integration in Practice

- ▶ Innovative Non-Residential Rehabilitation
 - ▶ Relapse prevention skills
 - ▶ Understanding triggers
 - ▶ Effects of substances
 - ▶ Understanding of addiction
 - ▶ Mood and emotional management
 - ▶ Diet and exercise
 - ▶ Support networks



Integration in research

- ▶ Development of an intervention to assist clinicians in better identifying gambling and methamphetamine use in clients



Municipal Public Health and Wellbeing Plans 2017-2021

- ▶ Latrobe City
- ▶ South Gippsland Shire
- ▶ Baw Baw
- ▶ Wellington



Integrate in Health Promotion



Health Champions



Heart Foundation
Walking Groups



Blender Bike

Integrated Service Activity

- ▶ Pitstop
- ▶ Lifeline
- ▶ Wulgunggo Ngalu
- ▶ Latrobe Community Service Provider Network
- ▶ Prevention and Recovery Care (PARC)

A Four Year Journey

2013/2014	Target Hours	
Therapeutic Counselling	3812	71.9%
Financial Counselling	1835	66.5%

2017/2018	Target Hours	
Therapeutic Counselling	5425	98.6%
Financial Counselling	2595	109.7%



► Integrating Gambler's Help in a Multidisciplinary Team

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