

Study of gambling and health in Victoria

Pre-commitment



What is the study?

The Victorian gambling and health study is a telephone survey of 13,554 Victorian adults who were selected randomly from the general population. There were 12,551 surveys using landlines and 1003 using mobile telephones. The study aimed to explore gambling and problem gambling in the Victorian population.

Intentions to use pre-commitment

Pre-commitment is a system that allows gamblers to set time or money limits and to track their play.

Gaming machine players were asked whether they would use pre-commitment if it were available on the day of the survey telephone call.

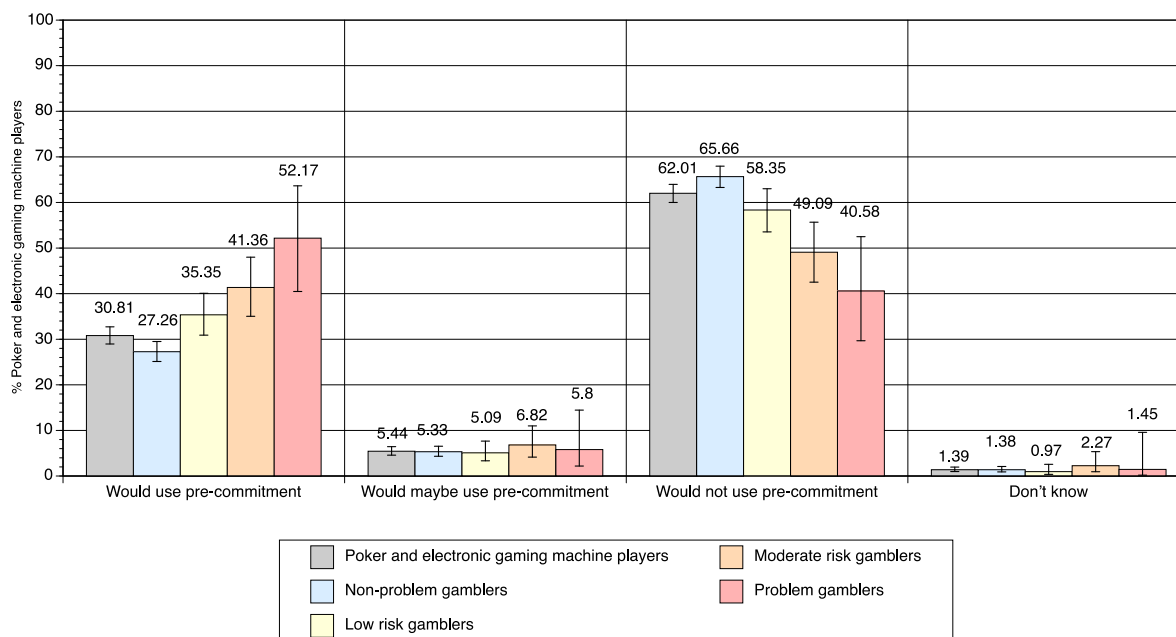
In total, 30.81 per cent of gaming machine players indicated they would use pre-commitment, 5.44 per cent indicated they would maybe use pre-commitment and 62.01 per cent indicated they would not use pre-commitment.

Of gaming machine players surveyed:

- 52.17 per cent of problem gamblers* said they would use pre-commitment
- 41.36 per cent of moderate-risk gamblers* said they would use pre-commitment
- 35.35 per cent of low-risk gamblers* said they would use pre-commitment
- 27.26 per cent of non-problem gamblers* said they would use pre-commitment.

Low-risk gamblers, moderate-risk gamblers and problem gamblers were significantly more likely to report they would use pre-commitment than non-problem gamblers.

Intention of gaming machine players to use pre-commitment



* The categories for risk of gambling harm used in this study are based on the Problem Gambling Severity Index. They are:

- Non-problem gambler – gambles with no negative consequences.
- Low-risk gambler – experiences a low level of problems with few or no identified negative consequences.
- Moderate-risk gambler – experiences a moderate level of problems leading to some negative consequences.
- Problem gambler – gambles with negative consequences and a possible loss of control.

For more information about what these categories mean, see fact sheet 2: Categories for risk of gambling harm.